

# Cross-Connection Control vs. Fire Protection:

A WIN-WIN APPROACH FOR INSTALLING  
BACKFLOW PREVENTERS ON MILITARY  
FIRE SUPPRESSION SYSTEMS

*Presentation By:*

A-J Wangner, PE

RASco, Inc.

703-643-2952

[www.rascoengineers.com](http://www.rascoengineers.com)

*RASco, Inc.*

# Purpose:

Outline an approach that lets us **appropriately** mitigate risk posed by cross-connections between fire protection systems and distributions systems, but not jeopardize sprinkler system performance.

# Introduction

- Background
  - Fire protection systems (FPS)
  - Backflow prevention devices (BPD)
- Outline Approach
  - Identify need/Establish Priority
  - Hydraulic Analyses/BPD Design
  - Implementation

# Background: Fire Protection Systems

- Purpose--Control/suppress spread of fire
- Require specific flow and pressure for proper operation

# Fire Protection Systems

- Water-Based Systems
  - Wet pipe
  - Standpipes
  - Dry pipe
  - Preaction
  - Deluge
- Supplied from domestic water distribution system

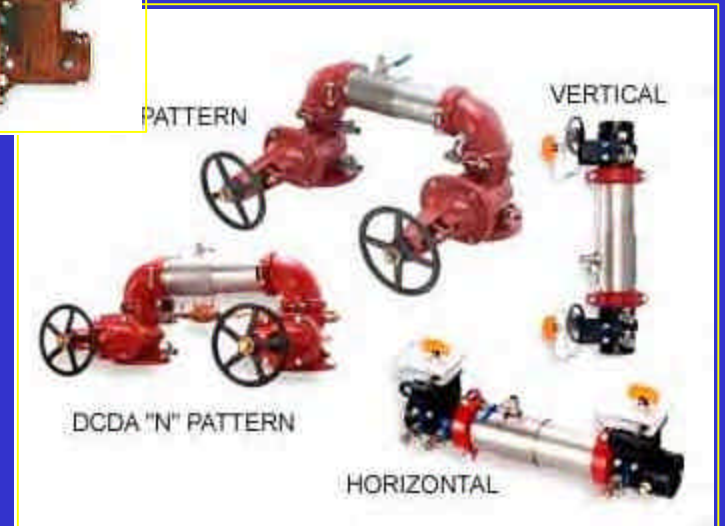
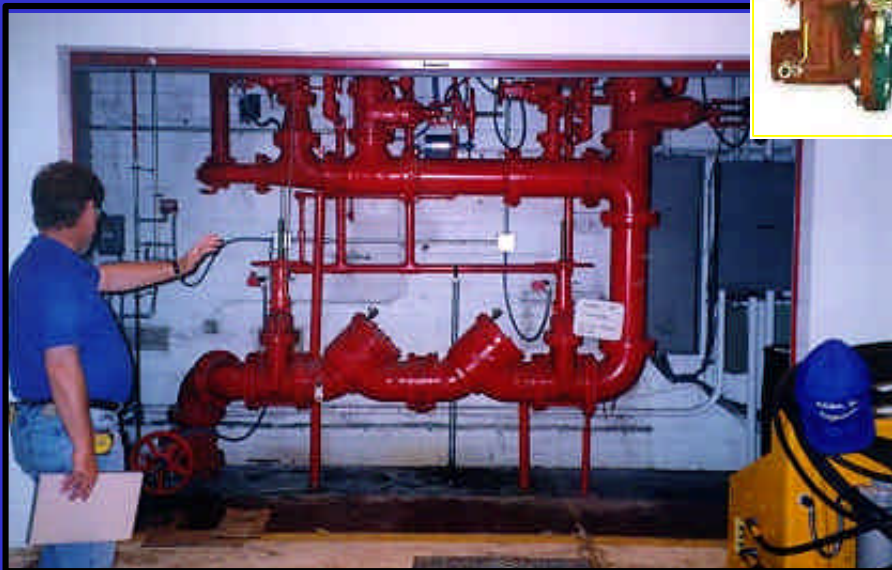
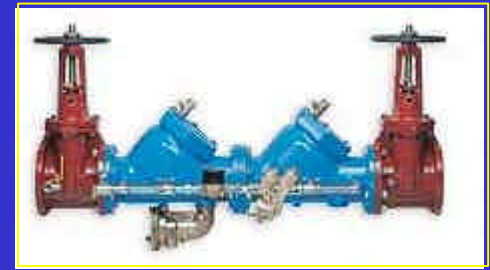
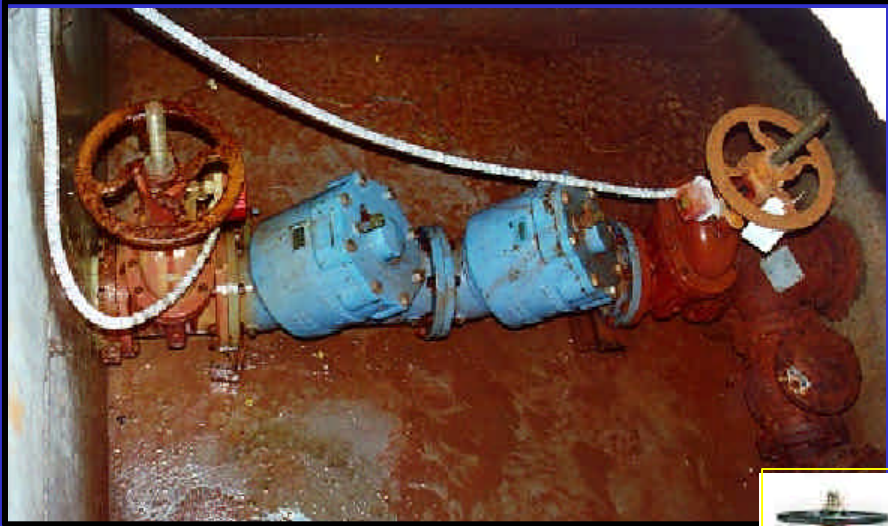
# Fire Protection Systems



- Single [Alarm] [Detector] Check
- Static Pressure Loss as low as 1 psi
- Residual Pressure Loss as low as 3 psi
- Not a testable, approved BPD

# Background: Backflow Prevention Devices (BPD)

- Purpose--To prevent the backflow of contaminating or polluting substances into the drinking water system
- Degree of Hazard dictates BPD type
  - Contaminate (High)--requires reduced pressure assembly [RPZ]
  - Pollutant (Low)--requires double check valve assembly [DCV]



*RASco, Inc.*



# Backflow Prevention Devices

- Pressure Losses

Type/Flow	DCVA (6" dia.) Pressure Loss	RPZ (6" dia.) Pressure Loss
0 gpm	4-6 psi	8-10 psi
500 gpm	2-7 psi	9-14 psi
750 gpm	3-8 psi	9-14 psi

- Periodic Maintenance

- Annual (at minimum) testing
- Annual flow through BPD

# Systematic Approach

- IDENTIFY NEED
- ESTABLISH PRIORITY
  
- HYDRAULIC ANALYSIS
- DESIGN BPD
  
- IMPLEMENT

# Identify Need

- 14 of 15 FPS studied (in Utah) had water that did not meet EPA Safe Drinking Water standards.
- 56 FPS studied had NTUs ranging from 1-2,000, oily residue, and bacteria “too numerous to count.”
- AWWA recent study (most comprehensive to date)
  - 84 Wet-pipe FPS in 30 water utilities nationwide.
  - Pb & Cd over primary limits in all samples.
  - Fe, Mn, TDS, sulfate, color over secondary limits.
  - Reason for backflow is failure of single check.
  - 100 gal. of FPS water backflowed in only 3 minutes.

# Identify Need



# Identify Need

- Cross-connection survey
  - Familiarity with:
    - Local plumbing codes
    - Military branch/installation specific requirements
    - FPS types
  - (Example) 1996 I.P.C. all FPS; but 2000 I.P.C. specifies only wet-pipe

# Establish Priority--Existing FPS

- High Degree of Hazard (HDOH)

- AFFF
- Corrosion control chemicals
- Anti-freeze
- Storage tanks

PRIORITY

- Low Degree of Hazard (LDOH)

- Wet-pipe, standpipes
- Dry-pipe, preaction, deluge

# Systematic Approach

- IDENTIFY NEED
- ESTABLISH PRIORITY
  
- HYDRAULIC ANALYSIS
- DESIGN BPD
  
- IMPLEMENT

# Hydraulic Analyses-- Necessary to Answer:

- What is flow and pressure demand of FPS, to function properly?
- What flow and pressure is available “out in the street”?
- What is BPD impact on flow and pressure available?



# FPS Demand

- Data collection
  - Survey sprinkler system
    - Type of FPS, type of sprinklers, pipe material, age of system, heights, lengths, fittings
  - Classify building activity
- Model sprinkler system to determine Hydraulically Most Remote Area using NFPA guidance





# Supply Available

- Hydrant Flow Testing
- Water distribution system model (If current and accurate)



# Designing BPD Installation

- Correct BPD Type
- Devices must be approved by UL and FM
- Sized for FPS flow demand
- Space constraints
- Provisions to permit routine BPD testing





# Options for Getting a FPS to Accommodate a BPD

- Select another BPD
- Remove alarm check valve
- Change out sprinkler heads
- Change pipe material
- Create loops in FPS or distribution system
- Administrative

# Systematic Approach

- IDENTIFY NEED
- ESTABLISH PRIORITY
  
- HYDRAULIC ANALYSIS
- DESIGN BPD
  
- IMPLEMENT

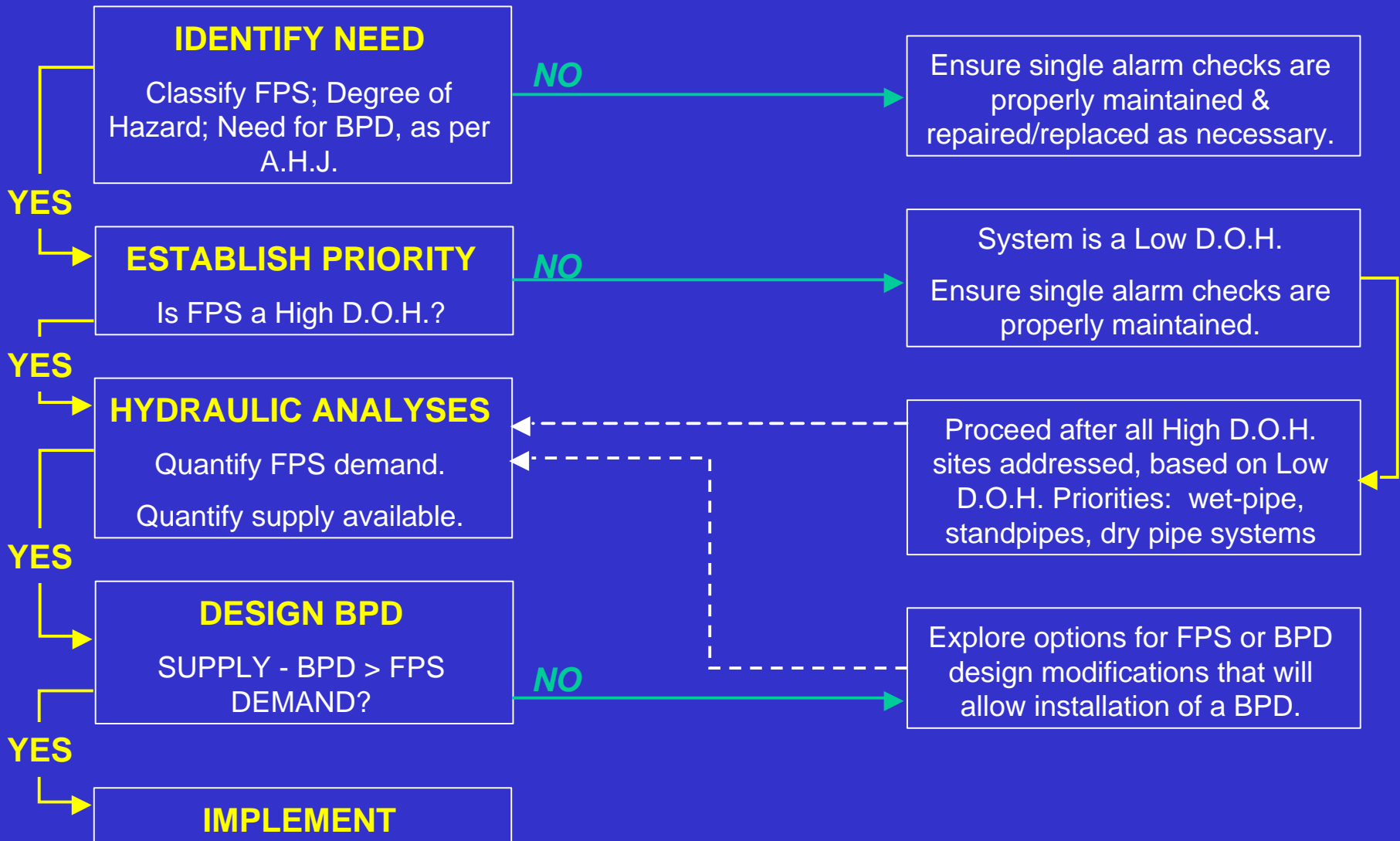
# Implementation--Considerations

- Retrofit in priority posed by degree of hazard
  - HDOH take priority.
  - LDOH
    - When alarm checks require replacement.
    - When FPS is down for repairs.
- Ensure:
  - Proper BPD type
  - Proper installation
  - BPD tested, tagged, inventoried



# APPROACH SUMMARY

## EXISTING FIRE PROTECTION SYSTEMS W/O BPDs



# Summary

Satisfying environmental regulations and your cross-connection program does not have to come at the expense of fire protection.

- Retrofit existing Fire Protection Systems:
  - Using a systematic approach;
  - Based on degree-of-hazard priority.
- For new and retrofit jobs, ensure:
  - Proper BPD type, size, and model are installed;
  - BPD is properly maintained/tested.