# Advancing Human-Al Configurations Using Physiological Data to Trigger Adaptive Automation



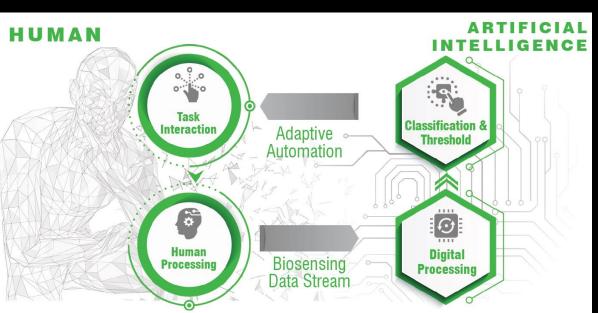
<sup>1</sup> Design Interactive, LLC, 3501 Quadrangle Blvd, Suite 150, Orlando, FL 32817 <sup>2</sup>U.S. Army Combat Capabilities Development Command. Army Research Laboratory, Adelphi, 20783, MD, USA

# INTRODUCTION

### Need: Automatic AI Triggering to Support Human-System Configurations

Adaptive automation supports human-AI collaboration by improving performance varying levels of task through automation, specifically when users need help (Cassenti, 2018). This approach provides AI assistance when human performance drops but keeps AI from interfering when performance is high.

**Bi-directional** communication between humans and AI automation is critical for effective collaboration and mission outcomes, and a sensitive triggering system is needed to provide varied support based on individual user needs. Research and development must:



### **Operational Impact:**

- Promoting individual interventions to ensure service members function at maximum performance providing increased readiness and lethality.
- Maintaining operational readiness by alleviating severe cognitive overload, stress, and distraction and allowing service members to sustain work.

Core Processing

In background

Interface

🖓 Module



Provide objective and quantifiable measures of user states

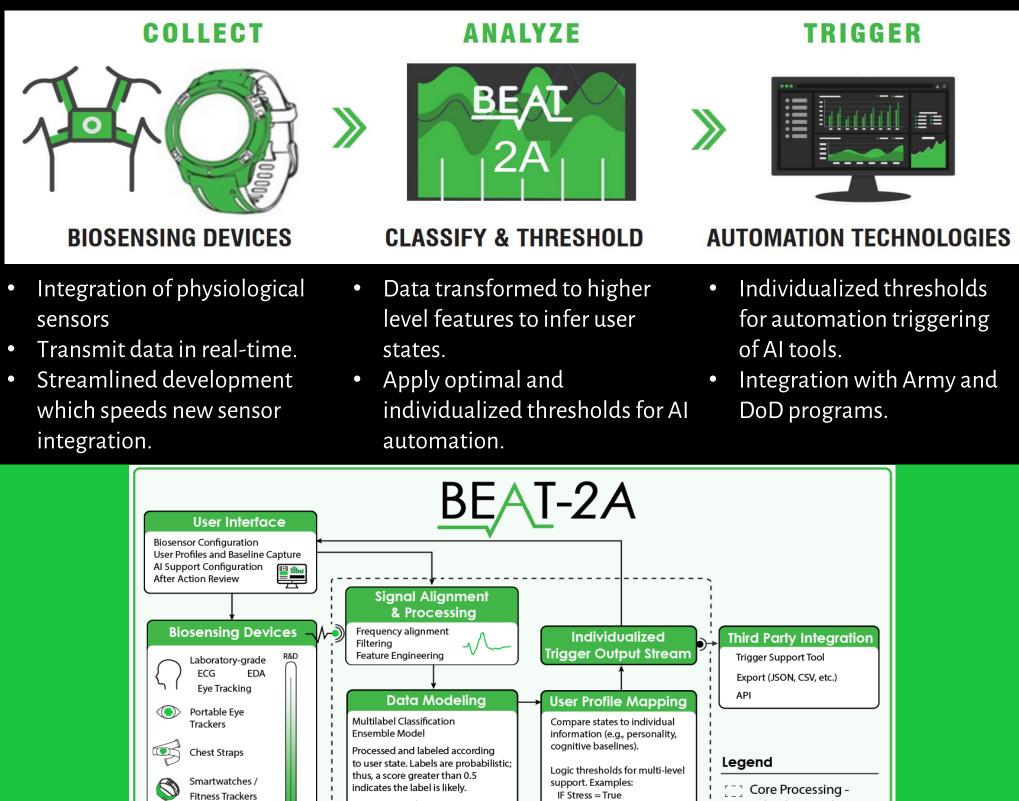
Identify decrements and provide appropriate support only when needed

Streamline workload and performance with seamless automation support driven by individualized, real-time physiological responses

# **Concept Overview**

### **BEAT-2A**

### Biosignature Evaluation and Analytics Toolkit for Adaptive Automation (BEAT-2A)



IF Stress = True

-----

THEN Trigger Support Level 1

F Stress & Workload = True

THEN Trigger Support Level 2

indicates the label is likely.

Output example in JSON:

Stress: 0.8 (true)

Workload: 0.7 (true)

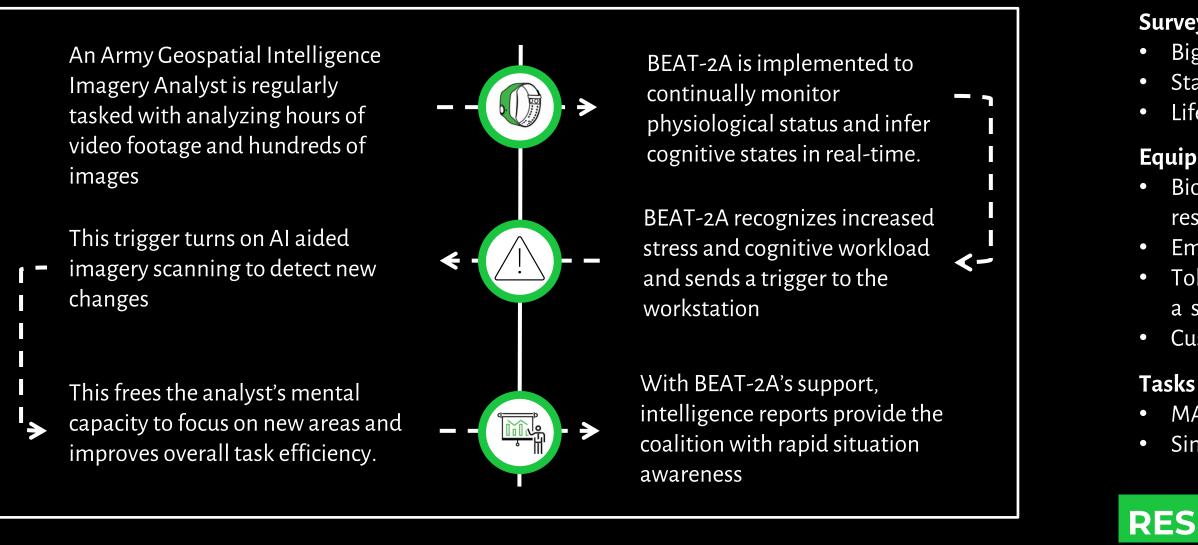
Inattention: 0.1 (false)

Fitness Trackers

4 ↔ Smart Garments

# Emily Mills, PhD<sup>1</sup>, Victoria Olko<sup>1</sup>, Katherine Gull<sup>1</sup>, Daniel Cassenti, PhD<sup>2</sup>

# **Example Use Case**



# **Research & Development Strategy**

# **Scientific Foundation**

The following methodology aims to quantify real-time user states such as workload, stress, and attention to trigger adaptive automation support at the point of need.

### **Initial User State Targets**

Workload	-Eye Blink Rate* -Pupil Dilation* -Electrooculography (EOG) -Heart Rate* -Heart Rate Variability* -Blood Pressure* -Electrodermal Activity* -Electroencephalography (EEG)* -Temperature*
	-Heart Rate*

-Heart Rate

-Respiration

Electrode

-Saliva\*

-Heart Ra -Flectrode

-Electroe (EEG)\*

-Facial Expression

Temperature

-Biomarkers -Sweat Analytic

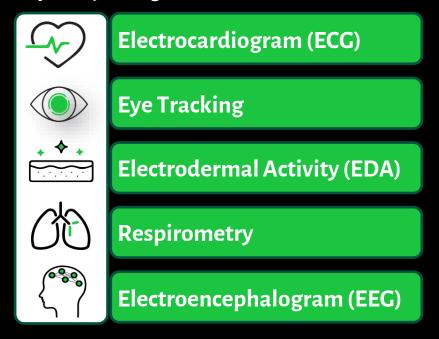
Stress

Workload: Amount of processing resources required by a given task. Cognitive workload for a specific individual may rapidly increase leading to decreased performance and risks to operational readiness.

**Stress:** High mental and sometimes physical stress placed on individuals undergoing highly demanding conditions. Stress is exceedingly prevalent in high-stakes military environments and can influence performance.

**Attention:** A person's ability to sustain focus and notice changes in their environment. Reduced attention can result from unsustainable multi-tasking, burnout, and mental fatigue which are increasingly common in military environments.

### **Top 5 Physiological Methods from Literature**



### Initial High-target Data for Research

ECG: Heart rate, heart rate variability Eye Tracking: Blink rate, fixations, time off-screen EDA: Phasic and tonic changes Respiration: Rate Skin Temperature PPG: Pulse rate, pulse rate variability Accelerometry: Movement in x, y, and z	
Accelerometry: Movement in x, y, and z	
Task Performance: Event types and times, respons times, accuracy	se
Survey Data	

Data will be leveraged to conduct modeling with two aims 1) Create an ensemble model of user workload, stress, and attention with highest accuracy, and 2) Examine alternative model inputs to offer direct comparison of data types.

# **Data Collection**

- Big 5 Personality
- Lifestyle Questionnaire
- Biopac electrophysiology suite, including ECG, PPG, EDA respiration, skin temperature, and accelerometry • Empatica wrist-worn device, including PPG and EDA • Tobii nano screen mounted eye tracker and Tobii pro glasses (for
- a subset of participants) Custom task testbed



Participant: 011 Experimenter: Olko Task Set: Task Set 1 Survey 00:00:00.070 - 00:10 MatbPractice 00:29:07.305 - 00:3 DrivingDistractio 00:32:46.861 - 00:3
Experimenter: Olko Task Set: Task Set 1 Survey 00:00:00.070 - 00:10 MatbPractice 00:29:07:305 - 00:3 DrivingDistractio
Task Set: Task Set: 1   Survey 00:00:00.070 - 00:10 00:10   MatbPractice 00:29:07.305 - 00:33 DrivingDistraction
Survey 00:00:00.070 - 00:10 MatbPractice 00:29:07.305 - 00:3 DrivingDistractic
00:00:00.070 - 00:10 MatbPractice 00:29:07.305 - 00:3 DrivingDistractic
MatbPractice 00:29:07.305 - 00:3 DrivingDistractic
00:29:07.305 - 00:3
DrivingDistractio
CooldownPeriod
00:39:41.946 - 00:4
MATB2
00:44:51.258 - 00:5
CooldownPeriod 01:00:55.041 - 01:0
01:00:55.041 - 01:0
SingaSong
01:06:04.818 - 01:1
CooldownPeriod
01:17:57.275 - 01:3
DrivingDistractio
01:33:08.869 - 01:4

This effort represents an innovative approach to support the rapid advancement of human-AI configurations in the military. The resulting model and BEAT-2A system will be widely applicable to a broad range of DoD and commercial domains, including combat vehicles, imagery analysts, mission control, and air traffic control.





3\_34

This material is based upon work supported by the US Army Research Laboratory under Contract No. W911QX24C0016. Any opinions, findings, conclusions, or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the US Army Research Laboratory.00



### Surveys & Subjective Assessments

• State Trait Anxiety Scale

• cSWAG during MATB-II

• Perceived Stress Scale

• NASA-TLX after MATB-II

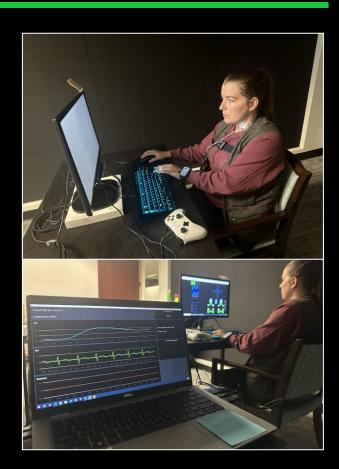
### Equipment

- MATB-II (low, medium, high) • Sing-a-song
- Trier Math
- Driving, distraction

# RESULTS

# **Data Collection Results**

- 62 complete
- 7 incomplete (study ended early)
- 1 cancel on-site
- 28.99% cancellations/no show



### **Data Processing Path**

- 1. Cleaning data
- 2. Extracting metrics (time-series)
- Integrating with larger code base
- 4. Running on participant data
- Generating ensemble model





# **CONCLUSIONS**



### Optimize Performance

Individualized triggering of automated aids at optimal times will improve and sustain performance.



### ncrease Readiness

Reduce fatigue and maintain readiness by alleviating cognitive overload.

### DoD Leads Human-AI Collaboration

Users will benefit from early adoption and leadership in advanced human-AI collaboration.

### References

Cassenti DN, Veksler VD. Using cognitive modeling for adaptive automation triggering. In: Cassenti DN, ed. Advances in Human Factors in Simulation and Modeling. Vol 591. Advances in Intelligent Systems and Computing. Springer International Publishing; 2018:378-390. doi:10.1007/978-3-319-60591-